



Alternate Meal Schedule (For Senior Center lunches only)

- May 1-3-Salad
- May 6- 7- Cream of Broccoli Soup with Turkey Sandwich
- May 8-10 -Vegetable Beef Soup with Turkey Sandwich
- May 13 - 17-Salad
- May 20 -21-Chicken & Rice Soup with Turkey Sandwich
- May 22-Minestrone Soup with Turkey Sandwich
- May 27- 31-Salad

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Low fat milk (12) is provided with each meal.</i></p> <p><i>Numbers in parentheses represent carbohydrate count</i></p>	<p>Suggested donation \$3/meal</p> <p><i>Menu is subject to change</i></p>	<p>1 Roasted Lemon Pepper Chicken(10) Mashed Potatoes & Gravy(26) Seasoned Peas(11) Fresh Baked Roll(16) Applesauce(19)</p>	<p>2 Swedish Meatballs(39) Rice(21) Carrots(06) Mixed Fruit Cocktail(08) Fresh Baked Roll(16)</p>	<p>3 Taco Salad Ground beef, Corn Tortilla Chips, Shredded Lettuce, Diced Vine Ripe Tomato, Shredded Cheese, Kidney Beans, Ranch Dressing ,Taco Sauce , Sour Cream(40) Diced Pears(11)</p>
<p>6 Country Fried Steak(4) Mashed Potatoes & Country Gravy(26) Mixed Vegetables(12) Diced Pears(11) Fresh Baked Roll(15)</p>	<p>7 Ms. Helen’s Cheesy Beef Lasagna(19) Seasoned Green Beans(02) Fresh Garlic Bread(15) Homemade Brownie(23) Red Delicious Apple(28)</p>	<p>8 Creamed Chicken & Steamed White Rice(30) Seasoned Peas(18) Fresh Baked Roll(16) Seasonal Fruit Crisp(65)</p>	<p>9 Old Fashioned Sloppy Joe(0) Fresh Hamburger Bun(15) Mustard Potato Salad(19) Pork and Beans(25) Naval Orange(22)</p>	<p>10 Mother’s Day Meal Oven Roasted Pork(0) Au Gratin Potatoes(15) Seasoned Green Beans(02) Apple Sauce(19) Roll(16) Fresh Baked Cookie(16)</p>
<p>13 Salisbury Steak(05) Garlic Mashed Potatoes and Gravy(26) Mixed Vegetables(12) Fresh Baked Roll(15) Diced Pears(11)</p>	<p>14 Kalua Pork (00) Hawaiian Rice(25) Seasoned Corn(14) Pineapple Tidbits(07) Fresh Baked Cookie(16) Fresh baked Roll(15)</p>	<p>15 Savory Chicken Salad Wrap(18) Italian Pasta Salad(20) Kosher Pickle Spears(0.7) Diced Peaches(19) Brownie(23)</p>	<p>16 BBQ Chicken Thighs(03) Hot German Potato Salad(19) Seasoned Green Beans(02) Fresh Local Apple(28) Fresh Baked Roll(16)</p>	<p>17 Roast Turkey Breast(3) Garlic Mashed Potatoes & Turkey Gravy(26) Crinkle Cut Carrots(06) Fresh Baked Roll(15) Diced Pears(11)</p>
<p>20 Sweet & Sour Chicken(30) Steamed White Rice(21) Stir Fried Vegetables(12) Fresh Orange(12)</p>	<p>21 Shepherd’s Pie(79) Diced Seasoned Carrots(06) Cottage Cheese and Mixed Fruit(12) Chewy Chocolate Brownie(23)</p>	<p>22 Homemade Chicken Pot Pie(40) Fresh Baked Biscuit(25) Sliced Peaches(19) Garden Green Salad(02) Fresh Baked Brownie(23)</p>	<p>23 Cured Honey Baked Ham(02) Scalloped Potatoes(13) Diced Beets(06) Fresh Baked Corn Bread(33) Assorted Tropical Fruit(08)</p>	<p>24 Garlic Roasted Beef(0) Herb Roasted Baby Potatoes & Gravy(25) Seasoned Peas(11) Diced Peaches(19) Fresh Baked Roll(16)</p>
<p>27</p>	<p>28 Cold Cut Subs(15) (Honey Cured Ham and Roasted Turkey with Provolone Cheese, lettuce and tomato) Potato Chips(14) Jello & Fruit Cocktail(13)</p>	<p>29 Homemade Meatloaf(03) Garlic Mashed Potatoes and Gravy(26) Steamed Broccoli(14) Fresh Baked Roll(15) Apple Crisp(65)</p>	<p>30 Malibu Chicken(08) Scalloped Potatoes(22) Seasoned Corn(02) Fresh Baked Roll(16) Mandarin Oranges(11)</p>	<p>31 BBQ Pulled Pork(03) Au Gratin Potatoes(15) Seasoned Peas(18) Fresh Local Apple(28) Fresh Baked Roll(16)</p>