



# APRIL 2020

Jacobs Senior Citizen Center (801)785-2818

## Alternate Meal Schedule (Senior Center lunches only)

April 1-3 Salad  
 April 6-7 Cream of Potato Soup with Turkey Sandwich  
 April 8-10 Chicken Noodle Soup with Turkey Sandwich  
 April 13-17 Salad  
 April 20-21 Vegetable Beef Soup with Turkey Sandwich  
 April 22-24 Cream of Broccoli Soup with Turkey Sandwich  
 April 27-May 1 Salad

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Suggested donation \$3/meal</b></p> <p>Menu subject to change</p>	<p>Low fat milk (12) is provided with each meal</p> <p>Numbers in parentheses represent carbohydrate count</p>	<p><b>1 Savory Corn Chowder(22)</b>            Seasoned Cut Green Beans(11)            Sliced Peaches(18)            Fresh Baked Corn Bread(33)</p>	<p><b>2 Rigatoni Pasta with Meat Sauce(25)</b>            Mixed Vegetables(02)            Garden Green Salad(02)            Fresh Baked Garlic Bread(15)            Warm Applesauce(28)</p>	<p><b>3 Oven Roasted Pork(00)</b>            Au Gratin Potatoes(15)            Seasoned Carrots(11)            Mandarin Oranges(11)            Fresh Baked Roll(16)</p>
<p><b>6 Sweet and Sour Chicken(30)</b>            Steamed White Rice(21)            Stir Fried Vegetables(12)            Fresh Apple(28)</p>	<p><b>7 Ground Beef Soft Shell Tacos</b>            Shredded Lettuce, Diced Vine Ripe Tomato, Shredded Cheese, Refried Beans, Taco Sauce, Sour Cream(40)            Mandarin Oranges(11)</p>	<p><b>8 Homemade Chicken Pot Pie(40)</b>            Fresh Baked Biscuit(25)            Sliced Peaches(18)            Fresh Baked Brownie(23)</p>	<p><b>9 Ms. Helen's Cheesy Beef Lasagna(19)</b>            Seasoned Green Beans(02)            Fresh Garlic Bread(15)            Jell-O with Fruit Cocktail(13)</p>	<p><b>10 Easter Lunch Cured Honey Baked Ham(02)</b>            Scalloped Potatoes(13)            Diced Beets(06)            Fresh Baked Roll(16)            Assorted Tropical Fruit(08)            Chewy Chocolate Brownie(23)</p>
<p><b>13 Salisbury Steak(05)</b>            Garlic Mashed Potatoes &amp; Gravy(26) Seasoned Mixed Vegetables(12)            Fresh Baked Roll(15) Diced Pears(19)</p>	<p><b>14 Hawaiian Haystacks</b>            Diced Vine Ripe Tomatoes, Green Peas, Diced Celery, Pineapple Tidbits, Coconut Flakes, Sliced Black Olives, Chow Mein Noodles, Cheese, Steamed White Rice(30)            California Blend Vegetables(05)</p>	<p><b>15 Hearty Beef and Vegetable Stew(14)</b>            Fresh Green Salad(02)            Corn Bread Muffin(33)            Peaches(19)            Jackie's Cake(28)</p>	<p><b>16 Malibu Chicken with Honey Mustard Sauce(08)</b>            Au Gratin Potatoes(22)            Seasoned Corn(02) Fresh Baked Roll(16) Mandarin Oranges(11)</p>	<p><b>17 Roast Turkey Breast(03)</b>            Garlic Mashed Potatoes &amp; Turkey Gravy(26) Crinkle Cut Carrots(06) Fresh Baked Roll(15)            Diced Pears(11)</p>
<p><b>20 Battered Fish Fillets with Tartar Sauce(15)</b>            Seasoned Potato Wedges(18)            Fresh Orange(12)            Crinkle Cut Carrots(11)            Fresh Baked Roll(16)</p>	<p><b>21 Savory Chicken Salad Wrap(18)</b>            Italian Pasta Salad(20)            Kosher Pickle Spear(0.7)            Diced Pears(19)            Chocolate Pudding(31)</p>	<p><b>22 BBQ Pulled Pork(03)</b>            Au Gratin Potatoes(15)            Seasoned Corn(02)            Fresh Local Apple(28)            Fresh Baked Roll(16)</p>	<p><b>23 Shepherd's Pie(79)</b>            Diced Seasoned Carrots(06)            Cottage Cheese and Mixed Fruit(12)            Chewy Chocolate Brownie(23)</p>	<p><b>24 Garlic Roasted Beef(0)</b>            Herb Roasted Baby Potatoes(15) &amp; Gravy(10)            Seasoned Peas(11)            Diced Peaches(19)            Fresh Baked Roll(16)</p>
<p><b>27 Country Fried Steak(4)</b>            Mashed Potatoes &amp; Country Gravy(26) Seasoned Mixed Vegetables(12)            Diced Pears(22)            Fresh Baked Roll(15)</p>	<p><b>28 Three Bean Beef Chili with Shredded Cheese(25)</b>            Steamed Broccoli(18)            Fresh Baked Cornbread(28)            Seasonal Fruit Crisp(67)</p>	<p><b>29 Swedish Meatballs(39)</b>            Rice(21)            Carrots(06)            Mixed Fruit Cocktail(08)            Fresh Baked Roll(16)</p>	<p><b>30 Homemade Meatloaf(03)</b>            Garlic Mashed Potatoes and Gravy(26)            Roasted Corn(14)            Fresh Baked Roll(15)            Mandarin Oranges(11)            Peanut Butter Bar(26)</p>	