



April



Alternate meal schedule:



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Swedish Meatballs(39) Rice(21) Carrots(06) Mixed Fruit Cocktail(08) Fresh Baked Roll(16)	2 Homemade Meat Loaf(3) Garlic Mashed Potatoes & Gravy(26) Roasted Corn(14) Fresh Baked Rolls(15) Apple Crisp(65)	3 Savory Corn Chowder(22) Seasoned Green Beans(11) Sliced Peaches(18) Fresh Baked Corn Bread(33)	4 Rigatoni Pasta with Meat Sauce(25) Seasoned Green Beans(02) Garden Green Salad(02) Fresh Garlic Bread(15) Warm Applesauce(28)	5 Oven Roasted Pork(0) Au Gratin Potatoes(15) Seasoned Carrots (11) Mandarin Oranges (19) Fresh Baked Roll(16)
8 Sweet and Sour Chicken(30) Steamed White Rice(21) Stir Fried Vegetables(12) Fresh Apple(28)	9 Ground Beef Soft Shell Tacos <small>Shredded Lettuce, Diced Vine Ripe Tomato, Shredded Cheese, Refried Beans, Taco Sauce, Sour Cream (40)</small> Mandarin Oranges (11)	10 Homemade Chicken Pot Pie(40) Fresh Baked Biscuit(25) Sliced Peaches(18) Fresh Baked Brownie(23)	11 Ms. Helen's Cheesy Beef Lasagna(19) Seasoned Green Beans(02) Fresh Garlic Bread(15) Jell-O with Fruit Cocktail(13)	12 Roast Turkey Breast(03) Garlic Mashed Potatoes & Turkey Gravy(26) Crinkle Cut Carrot(06) Fresh Baked Roll(15) Diced Pears(11)
15 Traditional Salisbury Steak(05) Garlic Mashed Potatoes & Gravy(26) Mixed Vegetables(12) Fresh Baked Roll(15) Diced Pears(9)	16 Malibu Chicken with Honey Mustard Sauce(8) Au Gratin Potatoes(22) Seasoned Corn(02) Mandarin Oranges(11) Fresh Baked Roll(16)	17 Hearty Beef and Vegetable Stew(14) Fresh Green Salad(02) Fresh Baked Corn Bread Muffin(33) Peaches(19)	18 Hawaiian Haystacks <small>Diced Vine Ripe Tomatoes, Green Peas, Diced Celery, Pineapple Tidbits, Sweetened Coconut Flake, Sliced Black Olives, Chow Mein Noodles, Cheese, Steamed White Rice (30)</small> California Blend Vegetables(05)	19 Easter Lunch Honey Baked Ham(02) Scalloped Potatoes(13) Diced Beets(06) Fresh Baked Corn Bread(33) Assorted Tropical Fruit(08) Chocolate Brownie(23)
22 Battered Fish Fillets with Tartar Sauce(15) Seasoned Potato Wedges(18) Fresh Orange(12) Crinkle Cut Carrots(11) Fresh Baked Roll (16)	23 Savory Chicken Salad Wrap(18) Italian Pasta Salad(20) Kosher Pickle Spears(0.7) Diced Peaches(19) Brownie(23)	24 Barbeque Pulled Pork(3) Au Gratin Potatoes(15) Seasoned Corn(02) Fresh Local Apple(28) Fresh Baked Roll (16)	25 Shepherd's Pie(79) Diced Seasoned Carrots(06) Cottage Cheese and Mixed Fruit(12) Chewy Chocolate Brownie(23)	26 Garlic Roasted Beef Round(0) Herb Roasted Baby Potatoes & Gravy(25) Peas(11) Diced Peaches(19) Fresh Baked Roll(16)
29 Three Bean Beef Chili with Shredded Cheese(25) Steamed Broccoli (18) Fresh Baked Cornbread(28) Seasonal Fruit Crisp(67)	30 Southern Country Fried Steak(04) Mashed Potatoes & Country Gravy(26) Mixed Vegetables(12) Diced Pears(22) Fresh Baked Roll(15)		Suggested Donation \$3/meal Menu is subject to change	Low fat milk(12) is provided with each meal. Numbers in parentheses represent carbohydrate count