



Jacobs Senior Center 801-785-2818


Please call a day before to let us know if you're planning to eat with us

May 2024

Alternate Meal Schedule (Senior Center Lunches Only)

Turkey Sandwich with Soup: May 6-7 Vegetable Beef May 8-10 Chicken Noodle	May 20-21 Cream of Broccoli May 22-24 Cream of Potato	Salad: May 1-3 May 13-17 May 27-31
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Monday	Tuesday	Wednesday	Thursday	Friday
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Suggested donation \$3/meal Low fat milk (12) is provided with each meal	Menu subject to change Number in parentheses represent carbohydrate count	1 Malibu Chicken with Honey Mustard Sauce (08) Au Gratin Potatoes (22) Broccoli (04) Fresh Roll (16) Fruit Cocktail (08) Chocolate Brownie (23)	2 Cheesy Italian Pasta Bake (50) Broccoli (06) Fresh Garlic Roll (15) Apple Sauce (14)	3 Smoked Ham and White Beans (03) Braised Cabbage (03) Sweetened Apple Sauce (14) Corn Bread (28)
6 Swedish Meatballs (39) Rice (21) Broccoli (04) Navel Orange (22) Fresh Baked Roll (16) Cookie Bar (18)	7 Fish Filets with Tartar Sauce (15) Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (12) Fresh Baked Roll (16)	8 Kalua Pork (00) Hawaiian Rice (25) Seasoned Black Beans (14) Pineapple Tidbits (07) Fresh Baked Rolls (15)	9 Grilled Hamburgers with Fresh Baked Bun (15) Lettuce, Tomato, Pickles (02) Potato Salad (19) Apple Sauce (14) Pork and Beans (25)	10 Roast Turkey Breast (03) Garlic Mashed Potatoes & Turkey Gravy (25) Green Beans (02) Fresh Baked Roll (15) Fruit Fluff with Jell-O (28)
13 Teriyaki Beef Bowl (08) Steamed Brown Rice (21) Steamed Broccoli (04) Pineapple (14) Fresh Baked Roll (15)	14 Oven Roasted Pork (00) Loaded Mashed Potatoes (15) Diced Beets (06) Mandarin Oranges (19) Fresh Baked Roll (16) Cookie Bar (18)	15 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (01) Diced Peaches (19)	16 Beef Taco Salad (05) Black Beans with Cheese (20) Green Salad (02) Ranch (02) Salsa (02) Apple Sauce (14) Tortilla Chips (18)	17 Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Roasted Corn (14) Fresh Roll (15) Navel Orange (22)
20 Country Fried Steak (4) Mashed Potatoes & Gravy (27) Mixed Vegetables (12) Fresh Baked Roll (15) Fresh Orange (22)	21 BBQ Chicken (03) Au Gratin Potato (19) Seasoned Green Beans (02) Diced Peaches (22) Fresh Baked Roll (16)	22 Egg, Sausage, and Cheese Breakfast Burrito (16) Tater Tots (18) Salsa (02) Apple Crisp (67)	23 Hawaiian Haystacks Creamed Chicken over White Rice (30) Green Peas (11) Pineapple Tidbits (07) Coconut Flakes, Cheese, Chow Mein Noodles (18)	24 Garlic Roasted Beef Round with Gravy (10) Herb Roasted Potatoes (15) Mixed Veggies (11) Apple (28) Fresh Baked Roll (16)
27  No Meal	28 Sweet and Sour Chicken (30) Steamed White Rice (21) Stir Fried Vegetables (12) Fresh Apple (12) Fortune Cookie (24)	29 Shepherd's Pie (79) Seasoned Carrots (06) Pears (12) Garden Green Salad (02) Chocolate Brownie (23)	30 Ham and Turkey on Hoagie Bun (46) Provolone Cheese, Lettuce, Tomato (08) Potato Chips (14) Mandarin Oranges (19)	31 Salisbury Steak (05) Garlic Mashed Potatoes and Gravy (26) Fruit Fluff with Cottage Cheese (28) Green Beans (02) Fresh Baked Roll (15)