

## Adult Summer Reading Challenge 2023

## Name: \_\_\_\_

Phone: \_

**ACTIVITIES** 

Read or listen to 3 books (100 pages or more each) and complete one activity between **June 6** and **July 31**. Return your reading log to the library to be entered into a drawing to win a great prize.

## BOOKS

	😂 Write a thank you note
Author: My Rating 값 값 값 값 값 값 Why:	Complete a mind break challenge
	Go on a hike or walk with a friend
	🚭 Share a smile
Title:Author:	🚭 Give someone a compliment
My Rating	Recycle something
☆☆☆☆☆ Why:	Share the highlight of your day with someone
 Title:	Give yourself a moment of mindfulness
Author:	Listen/encourage/support
My Rating	someone
$\Delta \Delta \Delta \Delta \Delta \Delta$	🚭 Watch a movie
Why:	

