

# Health and Fitness

## Fair 2018




**20% off  
Memberships!**






# Saturday, January 6th

## 9:00 am - 1:00 pm

### Health Fair

-  Vendors from 9am-1pm
-  Awesome prizes during the fair
-  Health Screenings

### Recreation Center Discount Passes

-  20% discount available on all Annual and Semi-Annual Passes
-  Discount available Jan 6th—Jan 13th and NOW ONLINE!!!
-  Free daily admission all day!!!

**NEW  
THIS  
YEAR!**

**Fitness Blast!!! Come try several different fitness classes 9 am—11 am**



**Pleasant Grove Recreation Center**

**547 S. Locust Ave** [www.rec.plgrove.org](http://www.rec.plgrove.org)

