

# PGP♥LSE



February 2024

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## OFFICE NUMBERS

Administration  
801.785.5045  
Fitness Center  
801.785.6172  
Library  
801.785.3950  
Police (non-emergency)  
801.785.3506  
Public Works  
801.785.2941  
Senior Center  
801.785.2818

## CITY MEETINGS

All meetings are held in the  
Community Room at the Public  
Safety Building at 108 E 100 S

### Planning Commission:

February 8 & 22 at 7PM

### City Council:

February 6 & 21 at 6 PM

Work Session beginning at 4:30

Live Stream of City Council meeting  
link [here](#).

70 South 100 East | Pleasant Grove | UT  
[info@pgcity.org](mailto:info@pgcity.org) | [www.plgrove.org](http://www.plgrove.org)



## Here to Serve You

The Pleasant Grove Fire Department is a full-service professional fire department with a committed staff dedicated to serving the citizens of Pleasant Grove. We are equipped with state-of-the-art advanced life support care and transport along with quality fire protection, 24 hours a day. Our staff is made up of 18 full-time and 30 part-time staff, who are all advanced emergency medical technicians (AEMT) and Paramedics.

I have been in the fire service for almost 33 years and cannot think of a better place to serve. It's an honor serving the men and women of Pleasant Grove Fire. I believe there is no better way to serve the community than as a first responder. My top priority is the safety of the frontline responders to ensure that they are all trained and equipped to handle all emergencies that they are called to and to provide the best medical care and fire protection possible.

The men and women of the Pleasant Grove Fire Department recognize the importance of providing exceptional customer service. This emphasis on customer service builds relationships, partnerships and the trust that is needed for the fire department to continue to grow and provide better services to the citizens we serve.

Our number-one goal of the Pleasant Grove Fire department is to serve the community with honor, compassion, integrity and respect, all while building and maintaining a safe community.

As the Pleasant Grove Fire department grows and moves forward, we want to get to know you! We want you to know that this is *your* fire department, and we want all of you to have as much pride in it as we do. The fire department doors are always open for you and your families to stop by and meet the men and women who are here to serve you. You are welcome to see the equipment that is used and is available to this beautiful community.

Stay safe and healthy.  
Andrew Engemann  
Fire Chief

# RECREATION CENTER

## Women's Spring Volleyball

Registration: January 1- February 24 or until filled

Coaches Meeting: TBD

Season Begins: Week of March 22 – Mid May

League Options: Tuesday - Competitive Women's League

Wednesday - Competitive Women's League

Thursday – Mixed Recreational/Competitive Women's League

Number of Games: 10 league games w/ 2 matches per night and a double elimination tournament at the end of season play. Fee: \$280

**Spring Soccer** (Boys 5-6th Grade, 7-9th Grade, Girls 5-6th Grade, 7-9th Grade) – This soccer league is designed to assist in skill building, learning good sportsmanship, fair play and most of all to have fun.

Registration: January 1 – February 24

Games: Saturdays, some weeknights

Season: April—May

Pleasant Grove Resident Fee: \$51 (includes jersey)

Non Resident Fee: \$71 (includes jersey)

League: combined with other cities, games in PG will be played at Manila Park

**Futsal** (Indoor Soccer) (COED 4 year old-K, COED 1st-2nd Grade, COED 3-4th Grade) – FUTSAL is great for footballing development. With a smaller field, smaller goals (no goalie) players are encouraged to think more quickly and should develop better ball control.

Registration: January 1 – February 23 - OPEN SPOTS AVAILABLE

Games: Saturdays at PG REC

Pleasant Grove Resident Fee: \$36 (includes jersey)

Non Resident Fee: \$56 (includes jersey)

Season: 6 Game Season, April 13-May 18

## BOYS YOUTH BASEBALL LEAGUES

Registration: January 1st – February 24. A tryout/draft will be held for ALL players in the Mustang thru Pony leagues. Colt participants will all be drafted at a coaches only draft.

Youth Baseball Leagues	Resident	Non Resident	Tryout/Draft	Start
Mustang 3rd and 4th Grade	\$85	\$105	March 19	April
Pinto 5th and 6th Grade	\$85	\$105	March 19	April
Pony 7th and 8th Grade	\$105	\$125	March 21	April
Colt 9th thru 12th Grade	\$105	\$125	March 18	April

## GIRLS SOFTBALL & MACHINE PITCH LEAGUES

Registration: February 1 – March 22. After March 22 a late registration fee of \$5.00 will be added and registration will only be accepted on a space available basis.

League	Resident	Non Resident	Start
3/4 Grade	\$45	\$65	April 29
5/6 Grade	\$65	\$85	April 29
7/8 Grade	\$65	\$85	April 29
9-12 Grade	\$65	\$85	April 29
League	Registration		Season
T-Ball (4 & 5 yr olds)	Feb 1- Mar 31 or until filled		May - June
Coach Pitch (6 & 7 yr olds)	Feb 1- Mar 31 or until filled		May - June
Machine Pitch (8 & 9 yr olds)	Feb 1- Mar 31 or until filled		May - June
Track Club (7-14 year olds)	Feb 1 – April 9		April – Mid June
Game Times: 6:15, 7:15, 8:15 & 9:15			

# RECREATION CENTER

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## **Men's Spring Basketball**

Registration: January 1 – until filled

League Fee: \$508

Number of Games: 8 regular season games, then a double elimination tournament

Game Days: Mondays (Tournament will be played any night of the week)

Season Begins: Monday, March 27

Meeting: TBD

Game Times: 6:15, 7:15, 8:15 & 9:15

## **Men's Spring Slow Pitch Softball**

Registration: February 1 – until filled

League Fee: \$600

Game Format: Double Headers

Number of Teams: 24 teams

Number of Games: 16 games Double Header Format (includes single elimination tournament)

Game Days: Monday nights at Shannon Fields

Season Begins: April 15th

Mandatory Coaches Meeting: TBD

Game Times: 6:15, 7:15, 8:15 & 9:15

**Kinder Time** Ages 2-5. We mix a little play with learning. Activities include: 20-minute gym time, kids cooking, craft, and floor time with stories, songs and activities. Classes are started but fees can be prorated to accommodate new participants. Next Session Begins Feb 20th.

Mom & Tot Parent Attended Class- Tuesdays: 10 to 11:30

For more information go on line or check at the Rec center

**Toddler Gym** 20 months to 4 yrs. Six-week sessions on Wednesdays, next session starts Feb 21, 10:30 to 11:30.

Themed Play and Exercise. This is a parent participation class. For more info check our web page or grab a flyer at the rec center.

**Kids Gym** 3-6 yrs. Six-week sessions Thursdays, Session Starts Feb 22nd 10:30 to 11:30. Activities will include, parachute, listen move exercises, sports, blowups, tunnels, climbing, group games and other gym activities plus a snack.

**The Mom & Daughter date night** March 1, 2024 from 6 to 8. We will be doing dinner. \$30 a couple \$8 for each additional daughter.

**Valentine Cooking** Saturday Feb 10, 2024 10 am or 12:30 pm. Two-hour class. We will be making Pink Kiss Cookies, Sweetheart Cinnamon Rolls and Valentine Wafers along with a couple Valentines.

**Green Cooking** Saturday March 16, 2024 10 am to Noon

**After School Science Class** February 8, 15, 29 March 7, 14, 21 Thursdays 4:00-5:00PM No Class Feb 22

Snapology Thursday Evenings 5:15 to 6:15 Foundational Engineering Class starts March 7 thru April 18

Or Mechanical Masterminds- 6:15 to 7:15 March 7 thru April 18.

# LIBRARY EVENTS

## For Everyone

### **Family Night at the Library:** Craft Night

Monday, February 5 at 6:30 p.m.

Create a Valentine craft you're sure to fall in love with.

### **Twilight Tales**

Thursdays at 6:30 p.m.

A wonderful weekly story hour for the entire family.

### **Saturday Morning Movie:** The Princess Bride

Saturday, February 17 at 10:30.

Feel free to bring pillows, blankets, and snacks.

## For Adults

### **2024 Adult Winter Reading Challenge**

Read 3 books & complete an activity before February 29 for a chance to win a great prize. Details on our website.

### **Best Books of 2023**

Wednesday, February 7 at 7:00 p.m.

Presenting our annual best book recommendations of the past year for adults, teens, and children.

### **Discover It:** Create Better Health Cooking Class

Wednesday, February 21 at 6:30 p.m.

Discover how to eat healthy and be physically active while on a budget.

### **Pleasant Grove Library Write-In**

Friday, February 16 from 6:00 – 8:30 p.m.

Please bring your own laptop & headphones. Ages 12+.

### **BookEnders Book Group**

Wednesday, February 28 at 7:00 p.m.

The book being discussed this month is Dear Mrs. Bird by A J Pearce. Pick up the book at the front desk.

### **Discover It:** Healthy Relationships Class

Tuesday, February 6, 13, and 20 at 6:30 p.m.

For couples in committed relationships who want to understand their partners, enhance communication skills, increase trust, and develop a deeper relationship.

### **English Learner Classes**

Thursdays at 7:00 p.m.

A free one-on-one program for adult non-native English speakers based on speaking level comfort. Registration required. Volunteers accepted. Info at the desk or on our website.

## For Teens

### **2024 Teen Winter Reading Challenge**

Read 2 books before February 29 for a chance to win an Amazon gift card. Details on our website.

### **Teen Lunar New Year Celebration**

Saturday, Feb. 10 from 3:59 to 7:59 p.m. Ages 12-17.

Karaoke and Jam Band, Dungeon and Dragons, Xbox games, board games, photo op and lots of snacks.

## For Children

### **National Feed the Birds Day**

February 3 from 10:30 a.m.– 12:30 p.m.

Celebrate National Feed the Birds Day with crafts and activities and learn how we can help our feathered friends survive.

### **Tweens After School Craft Day**

Tuesday, February 6 at 4:00 p.m. Ages 8-12

Design a card for National Send A Card To A Friend Day and try the "Chopsticks Challenge" in honor of National Chopsticks Day.

### **Tweens After School Game Day**

Tuesday, February 13 at 4:00 p.m. Ages 8-12

Mad Relay. Teams test their knowledge of Shakespeare while racing for the most points. Don't worry, we will provide the answers.

### **After School Adventures:** Grass Roots Shakespeare

Tuesday, February 20 at 4:00 p.m. For grades 1-6

Sword making, stage combat, brilliant insults, and Elizabethan culture.

### **1,000 Books Before Kindergarten Celebration**

Monday, February 26 at 6:30 p.m.

A "Very Hungry Caterpillar" celebration for all children birth to 5 years and their families. Enjoy hands on activities and prizes for program finishers.

### **Great Reads for Kids**

Tuesday, February 27 at 6:30 p.m.

A book club for kids ages 8-14. The book this month is Tuck Everlasting by Natalie Babbitt. Books are at the front desk.

### **Rhythm and Song**

Mondays at 10:00 and 11:00 a.m. Geared for ages 3-6

### **Preschool Story Time** Geared for ages 3-6

Tuesdays and Wednesdays at 10:00 and 11:00 a.m.

### **Wee Read** Geared for ages 18 mon.– 3 yrs.

Thursdays at 10:00 and 11:00 a.m.

### **Spanish Story Time**

Fridays at 10:30 a.m.



# Miss Pleasant Grove

SCHOLARSHIP COMPETITION



To be eligible to compete,  
**Your birthdate must be between 1997 - 2007**  
You must reside in Pleasant Grove or Lindon  
**Application Deadline** | Tuesday, February 20, 2024  
**Orientation Meeting** | Saturday, February 24, 2024  
**Competition Date** | Saturday, April 27, 2024

Meetings and workshops will be held at the City Office  
at 108 South 100 East in Pleasant Grove.



INSTAGRAM

For information and applications please email  
Kym Wilson at [pgwilson238@gmail.com](mailto:pgwilson238@gmail.com)  
or call/text (801) 824-8836

Applications are also online at [pgcity.org](http://pgcity.org)



PGCITY

## PG CARES

In today's age where technology plays a major role in our lives, it is easy to forget the importance of face-to-face connections and relationships. While technology has made our lives easier in many ways, it has also disconnected us from each other. It is important to understand that face-to-face connections are crucial for our mental and emotional wellbeing.

One of the biggest benefits of face-to-face connections is that they help create a sense of belonging. When we interact with others in person, we feel a sense of community and connectedness that cannot be replicated through technology. This feeling of belonging is important for our mental health, and for our children and families. It helps reduce stress and anxiety and helps to improve and foster relationships in our families and communities. Belonging to a community, and family or a group of people is one of the best forms of prevention.


Face-to-face connections also help build trust and empathy. When we interact with someone in person, we can read their body language and facial expressions, which helps us understand their emotions and feelings. This, in turn, helps build trust and empathy, which are important for healthy relationships. Learning to understand emotions and feelings is a basic skill that needs to be developed and fine tuned throughout a lifetime.

While technology has many benefits, it is important to remember the value of face-to-face connections to each other, to your family and to the community. These connections help create a sense of belonging, build trust and empathy, and are crucial for our mental and emotional wellbeing. Remember that connection is the most powerful form of prevention and can have a significant impact on everyone's lives. You, your family, and your community are all important, so take the initiative to connect with people in person and strengthen your relationships. Below are some local websites that can help you to learn to connect with others.

Everyday strong- <https://unitedwayuc.org/our-work/everyday-strong/>

Parent Guidance- <https://parentguidance.org/>

The Cook Center for Human connection- <https://cookcenter.org/>



**Ben's ability to overcome obstacles in his life has much to do with his mindset and ability to connect with those around him. Come learn how to be VICTOR when faced with challenges and how to help others along the way.**



**BEN KJAR**  
World Wrestling Champion  
& International Public Speaker

*Victor over Victim*

**For Adults & Teens**  
*Community Connection Event*  
**Pleasant Grove High School Auditorium**

 **Wed. Feb. 21st at 7pm**

**RESOURCE Booths & REFRESHMENTS in the PGHS Common Area starting at 5:30pm**

All attendees will be entered to win prizes from PG Cares!



# LIONS CLUB

No matter what month of the year it is the Lions Club here in Pleasant Grove or around the world our motto is "WE SERVE". We are members of Lions International with a membership nearing 1.5 million members. February is a month for kindness and love (02/14). February is when we begin the process of our scholarship program for students at Pleasant Grove High School.

To provide more academic/service scholarships for highly qualified/deserving high school seniors, we encourage Pleasant Grove citizens to contribute at least \$1 to VENMO @pglions in making possible for additional scholarships. Scholarships are awarded in April.

The Pleasant Grove Lions Club has been chartered since Oct. 24, 1938. If you have a desire to serve and know of projects in your community that you want to spearhead, come join us. Many hands can make a difference. You can even bring your family and friends. Happy Valentines!!

In January, the Lions Club sorted and prepared over 2,500 pairs of eyeglasses and got them ready for further processing. These eyeglasses will eventually end up in the hands of needy people in a third world country. The Utah Lions try to make at least one humanitarian trip a year. We have also sent eyeglasses to the Lions Club in Guaymas, Mexico so they can help people in their area have better vision. We are grateful for those of you that have donated eyeglasses. We gather eyeglasses from around Utah County such as the Spanish Fork, Springville, Orem, Lindon and American Fork Walmart. Even Utah Valley Eye Center has contributed.

We feel grateful to participate in assisting people improve their vision. If you have any questions, contact the Pleasant Grove Lions Club at [pglionsclub@gmail.com](mailto:pglionsclub@gmail.com). You can also check out our [Facebook page](#) which contains the link to our [website](#).

## CHOOSE KINDNESS



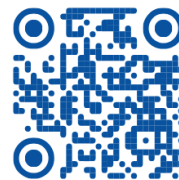
Choose Kindness PG is a non-profit organization that promotes a culture of kindness in our community. We believe in the need for and the power of kindness! We work hand in hand with the city, businesses, and every school in Pleasant Grove through their Choose Kindness programs to create

awareness, education, and opportunities to spread intentional kindness every day. We also share this message at community events, an annual Choose Kindness month every February, on social media, and our website. It is our goal to touch every member of our community in one way or another with kindness. Join us the whole month of February in our 5th annual Choose Kindness month with opportunities to put intentional kindness into action every day of February! Watch for the big heart on the mountain reminding us all that KINDNESS is POWERFUL and we can CHOOSE KINDNESS every day! Follow along on Instagram [@choosekindnesspg](#) and our website [choosekindnesspg.org](http://choosekindnesspg.org)

## PG PLAYERS



Want to perform in a PG Players show? Video auditions for their spring musical, The Drowsy Chaperone, are due February 5. To find out more about the audition process, visit [www.pgplayers.com](http://www.pgplayers.com) and click the "Auditions" menu.



## Open Mic @ Grove Station

FEBRUARY 6, 2024

Grove Station's Open Mic events on February 6th and March 5th feature local musicians in a family-friendly setting. Enjoy food trucks and specialty drinks. Monthly on the first Tuesday at Grove Station Event Center, Pleasant Grove, UT, 6-8pm. Free admission for all. Musicians sign up at 5:30pm on the event day.



## Local Artist Spotlight

FEBRUARY, 2024

This month, we catch up with Jim Inglese, a local songwriter and musician. Jim is a wonderful guitar teacher in our community, a warm and engaging performer, and he has been very supportive of local arts initiatives. Read the full spotlight at: [plgrove.org/arts](http://plgrove.org/arts)



## PG Players

FEBRUARY, 2024

Celebrate Valentine's with a night at Pleasant Grove Players' community theater. Get a \$40 season pass for the 2024 shows at [www.pgplayers.com](http://www.pgplayers.com).

For aspiring performers, video auditions for "The Drowsy Chaperone" are due February 5th. Learn more at [www.pgplayers.com](http://www.pgplayers.com), "Auditions" menu.



## Taste of the Arts

FEBRUARY 10, 2024

A Taste of the Arts offers diverse art activities year-round to boost community exposure to the arts. Join us on February 10th at 10:30am in the PG Library's Programming Room for "Principles of Drawing" with educator Randy Marsh. Enjoy learning with humor. Supplies provided. \$5 donation at the door. Register at [www.plgrove.org/arts](http://www.plgrove.org/arts).

# ORCHESTRA

Pleasant Grove Orchestra presents "Fairy Tales and Fables", October 6, 7 pm at the Pleasant Grove High School Auditorium. This is sponsored by the Pleasant Grove Arts Commission.

## PGCARES YOUTH OF THE MONTH

Kendralyn Brown was nominated and chosen as the PG Cares Youth of the Month for January 2024. Kendralyn is currently in 9th grade. Here's what Kendralyn was nominated for: Kendralyn is an outstanding young woman who has gone through many difficult trials in her short time of living. She handles difficult situations with a Christ-like demeanor. She's very kind, thoughtful, and intentional to those around her. She helps out tremendously at home and keeps a 4.0 GPA.

Kendralyn's mom said, "One time when I attended a single adult activity, Kendralyn went out of her way to help me get ready for the pirate party. She helped me get dressed, picked out my clothes, did my hair, did my make up, and she dressed up too. She watched the kids so I could go to the activity. She texted me periodically throughout the night to reassure me that everything was OK. It may seem like a small thing, but it was big to me. She brightens up the room when she enters. She's also working as a referee for the youth basketball program at Pleasant Grove Recreation Center, and has a soft spot in her heart for her dog nitro."

Congratulations Kendralyn!! We commend you for being an amazing example in our community, and at home. Your influence is seen and noticed by others. Keep up the great work and keep making a difference!!

