

DISCOVER WHAT THE RECREATION CENTER OFFERS

For most of us, fall's arrival brings an increased number of commitments and activities. Some are done out of passion and excitement, and others are out of sheer obligation. When our days are full, and we are on the go, it helps to build in occasional breaks to offer ourselves a chance to reboot. Here are some ideas for you to consider.

**Start attending a fitness class at the Pleasant Grove Recreation Center.** We have an amazing fitness staff at the center, led by our new fitness director Andrea Veenker. We offer an array of very popular fitness classes. Our instructors make you feel like you matter; they really try to tend to the needs of everyone without making you feel like you are doing things wrong. We also have a top-notch day care, where you can be at ease knowing your kids are well taken care of while you are working out.

**Sign up your child for a fall sport or program.** We are extremely busy with the change of seasons. For our fall sports programs, we have flag football, 2<sup>nd</sup> grade basketball, volleyball, gymnastics, dance and cross country. Other programs going on include our Sitters TLC Training Camp, Mom & Son Date Night, chess club, kid's gym, toddler gym and cooking classes. We truly try to provide something for everyone. You can find all these options and more on our website at <https://www.plgrove.org/rec/>

**Come and see why pickle ball is one of the fastest growing sports in the United States.** We currently have indoor courts at the recreation center where we run drop-in play, clinics, rental opportunities, after-hour play, and three tournaments a year. Pickle ball is a great family recreational activity for all ages as well as an opportunity for competitive play for all levels of players. Our current drop-in times are Tuesdays 5:00am to 11:30am, Thursdays 9:00am to 11:30am and Fridays 7pm to 9:45pm.

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I hope you get out to enjoy these updated parks around us. I love to just go and take my kids to Discovery Park and just sit and relax in the cooler temperatures of the fall or just take a few laps around the park. I love the atmosphere when every field is full of flag football games and families are out enjoying watching a game. Right next to the fields, every tennis court is full of people playing tennis or pickle ball under the lights.

These are just a few ways that you can take a break from the busyness of life and reboot. It is our pleasure to offer these services to Pleasant Grove City. If there is ever an idea you have or a concern about any of our programs, I welcome you to reach out to me at the Recreation Center.

Tyler Wilkins  
Recreation Director

# RECREATION CENTER NEWS

## UPCOMING YOUTH SPORTS REGISTRATION DATES:

**Youth Volleyball 3<sup>rd</sup> -12<sup>th</sup> Grade** Registration: August 1-31 Begins September 21  
**2<sup>nd</sup> Grade Jr Jazz Coed Basketball** Registration: August 1-31 Begins September 28  
**Flag Football 1<sup>st</sup>-12<sup>th</sup> Grade** Registration: August 1-31 Begins: Mid September  
 Mark your calendars: **Jr. Jazz Basketball (3rd - 12th grade) boys and girls** Registration November 1-21.

\*go to [rec.plgrove.org](http://rec.plgrove.org) for more detailed information and pricing.

Enroll now for **Mom and Tot Ages 2-4**. We mix a little play with learning. Activities include: 20-minute gym time, kids cooking, craft, and floor time with stories, songs and activities. Classes start the week of Sept 17<sup>th</sup>. Mom & Tot Parent Attended Class- Tuesdays or Wednesdays: 10 to 11:30.

**Toddler Gym-** 20 months to 4 yrs. Six-week sessions on Wednesdays starting Sept 18<sup>th</sup>, 10:30 to 11:30. Themed Play and Exercise. This is a parent participation class. For more info, check our web page or grab a flyer at the rec center.

**Kids Gym-** 3 to 6 yrs. Must be potty trained. Six-week sessions starting on Tuesday or Thursdays or both starting Sept 17<sup>th</sup>, 10:30 to 11:30 am. Exercise Movement & Gym Activities. Children are dropped off. Each day will be different activities.

**Merit Badge Classes.** Citizenship in the Community, Citizenship in the Nation, Citizenship in the World, Emergency Preparedness, First Aid, Cooking, Geology, Animation, Communications, Family Life, Sustainability & Chess. We will also have someone available by appointment to sign off Sports and Athletics Merit badges. Watch for more classes to become available.

**TLC babysitting Class** on Sept 14<sup>th</sup>, 9 am to 2:30 pm. For ages 10 to 15. Come learn some skills to make you a great babysitter. We will spend time going over Child Care, Safety and Emergencies, babysitting Games and Activities, We will make a babysitting kit and have lunch.

**Mom & Son Wilderness Date-** Friday Sept 27, 6 pm to 8 pm. Our theme this year will be Star Wars come get your Gourmet Vader dogs (Cooked over the fire) Salad, chips, Yoda Soda, Wookiee Cookies & Galaxy Popcorn. Boys will make a light saber, we will play Star Wars games and will have Jedi Karate training hosted by Island Style Dance Studio.

**Chef Class-** Learn to cook a meal each week from start to finish. Class will be four Tuesdays starting October 29 and then ending November 19 from 4 to 5:30. Menus to be announced. See website for more info.

**Chess-** This class will be an opportunity for kids & Adults to develop critical thinking skills while mastering the fundamentals of chess. They will constantly be learning new techniques and prepare to play in state competitions. Thursdays starting Sept 5<sup>th</sup>. Children 5 & up must be able to recognize #'s 1-8 and know the alphabet from a to h as well as upper case K Q B R N.

**Chess Tournaments-** Mark your Calendars for this year's chess tournaments: October 13, January 12, & April 27<sup>th</sup>. Everybody who registers plays every round!

**We Are Hiring-** Recreation Class Instructor/Events Aid. Able to teach classes outlined for children's programs, as well as assist in kids cooking classes and special events. Children's classes will be the main focus but a food handlers permit is required. We are looking for someone for Tuesday, Wednesday & Thursday Mornings 9:30 to 12:30 with other hours depending on class sizes and events. Also an occasional Saturday and evenings.

Mark your calendars for **Pleasant Grove's Annual Halloween Celebration "Pirates Cove!"** Friday October 25<sup>th</sup>, 6:30 to 8:30 pm. \$7 admission with meal / \$5 admission only 2yrs and under are Free. \$9/\$6 at the door. We will have our Vendor Trick or Treat Lane, Games, Costume Contest & Prizes.

## BEAUTIFICATION COMMISSION

Continue to be on the lookout for the Yard of the Month signs spotlighting landscapes across the neighborhoods in Pleasant Grove. If you have a nomination, please email [dgiles@pgcity.org](mailto:dgiles@pgcity.org).

### Congratulations to the winners of August's beautification awards:

<u>Neighborhood</u>	<u>Name</u>	<u>Address</u>
<b>Battle Creek</b>	Pam and Jessica Krause	195 South 1300 East
<b>Grove Creek</b>	Rick & Peggy Urrutia	1056 N. Murdock Drive
<b>Little Denmark</b>	Michael & Shannon Graff	180 North 300 West
<b>Manila</b>	Jack and Darlene Pace	1010 West 1800 North
<b>Monkey Town</b>	Steven Johnson	678 North 700 East
<b>Mud Hole</b>	Dave and Judy Warwick	1382 West 800 North
<b>North Fields</b>	John & Julie Best	2356 North 600 West
<b>Old Fort</b>	Maggie Pelago	111 East 700 South
<b>Scratch Gravel</b>	Karen & Adrian Dominguez	911 East 640 South
<b>Stringtown</b>	Mae Bezzant	360 South Locust Ave

Thank you for following the water schedule. If you are unaware of the city water schedule, please refer to the information below and do the following to continue to preserve our water resources:

1. Check over your entire sprinkler system.
2. Repair and correct any heads from water waste.
3. Adhere to the mandatory watering schedule.

WATERING SCHEDULE:  
 Odd # Addresses: M W F  
 Even # Addresses: T T H S  
 City: Sunday

## LITERACY CENTER

Pleasant Grove Library Literacy Center is in need of caring individuals who can serve an hour a week as a volunteer tutors. You can make a difference in a child's life! Interested volunteers ages 14 and up can get more information from [pgliteracycenter@gmail.com](mailto:pgliteracycenter@gmail.com) or by calling the library at 801-922-4562.

We tutor children in grades K-12. Our fall tutoring will begin the week of September 9th.

## PLEASANT GROVE ORCHESTRA

The Pleasant Grove Orchestra will present its Fall Concert **October 11th at 7 pm** at the Pleasant Grove High Auditorium. Rehearsals are 8:00 a.m. in the basement of the Senior Center. We are looking for string players as well as bassoon, oboe and percussion players. Choir rehearsals for our annual Messiah performance begin October 13th at 6:30 pm in the choir room at Pleasant Grove High School.

## PRIMARY ELECTION RESULTS

### Congratulations to the following 2019 Municipal Election Candidates

The following Candidates will be moving on to the 2019 General Election on November 5, 2019.

Candidate	Total Votes Cast
Alexander Carter	1,608
Brent Bullock	2,008
Aaron Spinhirne	605
Roy F. Spindler	Withdrew
Cyd LeMone	2,863
*Carrie Hammond	622
Dustin J. Phillips	1,833
Eric Jensen	2,538

\*Candidate Carrie Hammond currently qualifies as the 6<sup>th</sup> candidate to proceed to the General Election. However, Candidates Carrie Hammond and Aaron Spinhirne may be the subject of an election recount as provided under 20A-4-401: "if the difference between the number of votes cast for a winning candidate in the race and a losing candidate in the race is equal to or less than .25% of the total number of votes cast for all candidates in the race, that losing candidate may file a request for a recount in accordance with Subsection (1)(d)."

Please note: the candidate names are listed per the 2018-2019 Master Ballot Position List(State Code 20A-6-305) For any additional information, please contact Kathy Kresser, City Recorder at 801-922-4528

## CENTER STAGE YOUTH PERFORMERS

Registering new students now for Center Stage Youth Performers' 2019-20 school year musical theater programs. We currently have room for youth ages 5-9.

Broadway Bound - For ages 5-7

- Meets on Thursdays from 4:30-6:00 at the PG Lion's Club. (Sept.-February)

- Cost is \$50 per month, plus a \$50 registration fee.

Six months training in acting, voice and dance! This group performs in our December Showcase and in their Broadway Bound own mini-musical. This is the perfect group for the beginning, young performer.

Performance Company - Only have room for youth ages 8-9

- Meets on Wednesdays from 4-6:30pm at the PG Lion's Club. (Sept.-April)

- Cost is \$75 per month, plus a \$75 registration fee.

Join our elite group of performers! Receive training in voice, acting, and dance during the fall semester. Then apply these skills by performing a full-scale musical during the second semester.

Visit us at <http://www.csyp.org> to register or for more information! Questions? Call Emily at 801-785-1977.

## CITY MEETING SCHEDULE

All meetings are held in the Community Room at the new Public Safety Building at 108 East 100 South.

Planning Commission September 12th and 26th at 7 p.m.

City Council September 3rd and 17th at 6 p.m.

Live Stream of City Council meeting link [here](#).

## LIONS CLUB

Pleasant Grove Lions love the Heritage Festival. Again this year we will be selling Daylight Donuts in the park. Selling donuts is a fundraiser to raise money for scholarships, eye exams, eye glasses, and other worthy community projects. We look forward to seeing you at the Heritage Festival. Thank you for the support in donating used glasses in the collection boxes at CopyTec, Pleasant Grove Library, Pleasant Grove Senior center, and the Lindon Walmart.



# LIBRARY EVENTS

## For Everyone

### Twilight Tales

Tuesday, September 3 at 6:30 p.m.

"Pajamas and Pancakes" Wear pajamas, listen to stories and eat pancakes! A fun night for the entire family. This event kicks off a new night for Twilight Tales. It will be held every Tuesday beginning in September.

### Harry Potter Party

Saturday, Sept. 28 from 3:00 – 8:00 p.m.

Tickets for PG card holders will be available online beginning September 3. Tickets for non-library card holders will be available online beginning Sept. 17. Attendees must show ticket barcode at the door.

## For Adults

### Classic Cinema Club

Thursday, September 12 at 6:30 p.m.

Arsenic and Old Lace

Hear a brief introduction about the nights showing then watch the film. Anyone under the age of 12 must be accompanied by an adult. Treats welcome.

### Discover It: Authentic Sourdough Bread Class

Thursday, September 19 at 7:30 p.m.

Learn the science behind making authentic sourdough bread. You will leave with a free starter so you can get baking ASAP!

### Self-Serve Sewing Stations

Saturdays, Sept. 7 and 21 from 12:30 – 2:30 p.m.

Do you have some mending that needs to be done but don't have a sewing machine? Come use ours! Check our website for more information.

### BookEnders Book Group

Wednesday, September 25 at 6:30 p.m.

The book being discussed this month is Devil in the White City by Erik Larson.

## HISTORIC PRESERVATION

Our final Historic Home Tour and Social of the season will be held **September 23 at 6:30 PM**. Come learn more about Pleasant Grove's historic Main Street by taking a self-guided walking tour. Pick up your walking tour booklet the day of the event, or pick up a booklet at the Historic Preservation Commission's booth at Heritage Festival on September 16 (suggested donation is \$1 for each book). The tour includes exterior and interior tours of buildings along this nationally recognized Historic District. The event will end with a social at the old Pleasant Grove Bank at the corner of Main Street and Center Street. See our Facebook page for details at [facebook.com/PGHistoric](https://facebook.com/PGHistoric).

## For Children

### Rhythm and Song

Mondays at 10:00 and 11:00 a.m.

For children ages 3-6. Music, instruments, movement and books all packed into a fun 30-minute class.

### Preschool Story Time

Tuesdays and Wednesdays at 10:00 and 11:00 a.m.

For children ages 3-6. Join Melinda and Emily for stories, puppets, songs, and shenanigans!

### Wee Read

Thursdays at 10:00 and 11:00 a.m.

A fun story time geared especially for children ages 18 months to 3 years. Enjoy stories, finger plays and music with time afterward for parents to read to little ones.

### Spanish Story Time

Fridays at 10:30 a.m.

This class is perfect for the native or non-native Spanish speakers, or for those who want exposure to the language. Stories and songs in Spanish and English and a simple craft.

### Lego Club

Tuesday, September 3 at 4:00 p.m.

Come build with us! We have Duplos for our smaller friends and LEGOS for our master builders. For elementary age children.

### After School Adventures

Thursday, September 19 at 4:00 p.m.

Leap into Science!

Design an air rocket, experiment with wind and water, make a wind detector and lots of other hands-on activities. Materials provided by The Franklin Institute.

### Great Reads for Girls

Thursday, September 26 at 7:00 p.m.

A book club for girls ages 8-16 and a caring adult. Read great books together, then meet as a group for a fun discussion, activities and refreshments all based on the book! The book being discussed this month is Tuesdays at the Castle by Jessica Day George.

## PG PLAYERS

SAVE THE DATE! Pleasant Grove Players will present the classic suspense thriller "Wait Until Dark" from October 18 through November 4 on Thursday, Friday, Saturday and Monday evenings. There will also be a Saturday matinee on November 2. Tickets are available at [PGPlayers.com](https://PGPlayers.com). Performances are held in the Keith Christeson Theatre on the first floor of the Pleasant Grove Library (30 E. Center).

