

PGPULSE



March 2024

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OFFICE NUMBERS

Administration
801.785.5045
Fitness Center
801.785.6172
Library
801.785.3950
Police (non-emergency)
801.785.3506
Public Works
801.785.2941
Senior Center
801.785.2818

CITY MEETINGS

All meetings are held in the Community Room at the Public Safety Building at 108 E 100 S

Planning Commission:

March 14 & 28 at 7PM

City Council:

March 5 & 19 at 6 PM

Work Session beginning at 4:30

Live Stream of City Council meeting
link [here](#).

70 South 100 East | Pleasant Grove | UT
info@pgcity.org | www.plgrove.org



Growth and Development in Pleasant Grove City

We all can look back at 2023 and be excited about the commercial business that chose our city as their home. We can also be enthusiastic about the potential new restaurants and businesses joining our vibrant community in 2024. Several new developments with commercial multi-tenants have been announced, completed or built. Some of our favorite restaurants are already here, and we look forward to including more.

New Commercial Developments Under Construction:

- The Grove Cove Project – Approx. 28,500 sq. ft. for restaurants and retail
- JVO project – Approx. 20,300 sq. ft. for restaurants and retail
- Valley Grove Retail Expansion
- Smoked Taco
- Wing Stop
- Wayback Burger
- The Great Greek
- Wayside Bowls
- Kneaders
- Seven Brothers

RAP Sheet

The Community Development Staff are working on updating the RAP Sheet format translating all the information we have in the sheet into an interactive map with weekly updates, the link will be posted on our main website this coming Spring 2024.

In the meantime, for more information regarding the exciting new projects coming to our city, look for the current Report on Active Developments (RAP Sheet) on the City's website at: <https://www.plgrove.org/community-development/>

Accessory Apartments aka Accessory Dwelling Units

Accessory apartments are permitted throughout the whole city in all Single-Family residential zones, providing our current and future residents with moderate-income housing opportunities. Accessory apartments not only offer supplementary living accommodations in the community but also supplementary income opportunities for property owners. The accessory apartments can be attached or detached, in the basement or in the backyard. Keep in mind that the property needs to be owner occupied in order to qualify and provide enough parking within the lot for two dwelling units.

Please do not hesitate to contact our front counter to check the regulations and requirements to have an accessory dwelling unit in your lot.

Hours of Operation:

Our hours of operation are Monday to Thursday from 7:30 AM to 5:30 PM and Fridays by 8:00 AM to 12:00 PM. You can contact our staff by calling (801) 785-6057.

Daniel Cárdenas
Community Development Director

Recreation Center

BOYS YOUTH BASEBALL LEAGUES - Registration: January 1 - February 24. NO 2ND GRADERS WILL BE ALLOWED TO PLAY – UBBA RULE. A tryout/draft will be held for ALL players in the Mustang, Pinto and Pony leagues. Colt teams will have a COACHES ONLY draft.

Youth Baseball Leagues	Resident	Non Resident	Tryout/Draft	Start
Mustang 3rd & 4th Grade	\$85	\$105	March 19	April
Pinto 5th & 6th Grade	\$85	\$105	March 20	April
Pony 7th & 8th Grade	\$105	\$125	March 21	April
Colt 9th thru 12th Grade	\$105	\$125	March 18	April

GIRLS SOFTBALL & MACHINE PITCH LEAGUES - Registration: February 1 – March 24. After March 24 a late registration fee of \$5.00 will be added and registration will only be accepted on a space available basis.

League	Resident	Non Resident	Start
3/4 Grade	\$45	\$65	April 30
5/6 Grade	\$65	\$85	April 30
7/8 Grade	\$65	\$85	April 30
9-12 Grade	\$65	\$85	April 30

League	Registration	Season
T-Ball (4 & 5 yr old's)	Feb 1- Apr 12 or until filled	May - June
Coach Pitch (6 & 7 yr old's)	Feb 1- Apr 12 or until filled	May - June
Machine Pitch (8 & 9 yr old's.)	Feb 1- Apr 12 or until filled	May - June
Track Club 7-14 year old's	Feb 1 – March 31	April 15 – Mid June

Fishing Club Registration starts March 1 until full. This is a six-week program that starts in June.

Annual “Around the Point” Pickleball Tournament – Round robin doubles tournament. Registration going on now. Tournament dates: April 12th & 13th

Adult “After Hours” Pickleball League - After Hours League is Pleasant Grove Recs Spring Pickleball League. Players will play two games a night, play each team once and then be seeded into a single elimination tournament. Games played to 11 win by 2, cap 13. Game ball will be yellow Franklin X-40.

Registration: Feb 1st - Until filled

Season: April 16 - Mid May

Fee: \$50/ Team

Participants: Registration is done on a team basis, only one person needs to register

Tournament: Single elimination tournament

Upcoming Program Registrations:

April 1 - Until filled – Golf Program, Volleyball Camp, Basketball Camp, Soccer Camp, Pickleball Camp

Futsal (Indoor Soccer): Late registration will remain open til league is full or at the start of season. Three divisions to sign up for. 4-5 year olds & Kindergarten, 1st & 2nd grade, 3rd & 4th grade division. League is a co-ed. Six-game season begins April 13th and ends in May.

Recreation Center (continued)

Kinder Time Ages 2-5. We mix a little play with learning. Activities include: 20-minute gym time, kids cooking, craft, and floor time with stories, songs and activities. Classes are started but fees can be prorated to accommodate new participants. Next Session Begins Feb 20th.

Mom & Tot Parent Attended Class- Tuesdays: 10 to 11:30

For more information go on line or check at the recreation center

Toddler Gym- 20 months to 4 yrs. Six-week sessions on Wednesdays, next session starts Feb 21, 10:30 to 11:30. Themed Play and Exercise. This is a parent participation class. For more info check our web page or grab a flyer at the recreation center.

Kids Gym- 3-6 yrs. Six-week sessions Thursdays. Session Starts Feb 22nd 10:30 to 11:30. Activities will include parachute, listen move exercises, sports, blowups, tunnels, climbing, group games and other gym activities plus a snack.

The Mom & Daughter date night March 1, 2024 from 6 to 8. We will be doing a baked potato bar for dinner and a cute Chocolate Bunny painting. \$30 a couple \$8 for each additional daughter.

Green Cooking- Saturday March 16, 2024 10 am to Noon We will be making St. Patricks Sugar cookie bars, Shamrock Lasagna, and Leprechaun Gnome Treats.

After School Science Class- February 22, 29 March 7, 14, 21, 28 Thursdays 4:00-5:00PM

Snapology Thursday Evenings 5:15 to 6:15 Foundational Engineering Class starts March 7 thru April 18

Or Mechanical Masterminds - 6:15 to 7:15 March 7 thru April 18.

Mark Calendar for **Babysitters Training Camp** - May 4, 2024. 9 am to 2:00pm. Join us for an all day camp- You will be learning: Your responsibility as a sitter, diapering, bottles, feeding, sanitation and clean up. Keeping kids safe, bumps and scrapes, activities to play with the children. Sitters Kit to take home. Lunch is included.



Annual Spring Cleanup

23-27
APRIL

**8:00 AM TO
6:00 PM**

**THE OLD PIPE
PLANT
(350 W 400 N)**

This service is provided for our residents to help in disposing of garbage from their properties. When you arrive at the site, please dump in the appropriate dumpster for the material you are dumping and ask the onsite supervisor where you should dump if you are not sure. There will be a PG City Employee to assist you as needed.

Visit our website for more information on what is accepted visit plgrove.org

Library Events

For Everyone

Dr. Seuss Birthday Party

March 2 from 10:30 a.m.– 12:30 p.m.

Celebrate Dr. Seuss's birthday with activities, crafts, a cake walk and birthday cake.

Family Night at the Library: Bingo for Gold

Monday, March 4 at 6:30 p.m.

Bring the family for a fun night of St. Patrick's Day BINGO.

International Read to Me Day

Monday, March 18 from 5:30 – 7:30 p.m.

Come read to Bear, Strawberry and Cream, grandmas, puppets, stuffed animals and more. Books provided or bring your favorite.

Twilight Tales

Thursdays at 6:30 p.m.

A wonderful weekly story hour for the entire family.

For Adults

Handmade at the Library: Glass Magnets

Tuesday, March 12 2 6:30 p.m.

Make a book themed magnet for your fridge or command center. For ages 18+ Supplies limited. Registration required.

Pleasant Grove Library Write-In

Friday, March 15 from 6:00 – 8:30 p.m.

Please bring your own laptop & headphones. Ages 12+.

Discover It: Create Better Health Cooking Class

Tuesday, March 19 at 6:30 p.m.

Discover how to eat healthy and be physically active while on a budget.

BookEnders Book Group

Wednesday, March 27 at 7:00 p.m.

The book being discussed this month is These is my Words by Nancy Turner. Pick up the book at the front desk.

English Learner Classes

Thursdays at 7:00 p.m.

A free one-on-one program for adult non-native English speakers based on speaking level comfort. Registration required. Volunteers accepted. Info at the desk or on our website.

For Teens

Teen After Hours: Life-Sized Life

Friday, March 8 at 6:30 p.m.

Play the game of LIFE in a fun new way. A life-sized, librarian's version. For teens in jr. high and high school.

Teen Game / D&D Night

Friday, March 22 at 6:30 p.m.

Play any of our many board games or join in to battle in the D&D world. Sign-up for D&D on our website.

For Children

Cover to Cover Reading Incentive Program

March 2 – April 13

Kids ages 4 through 12 can register for the Pleasant Grove Library's "Cover to Cover" Reading Program and receive free food from In-N-Out Burger.

Help Me Grow Utah presented by United Way

Wednesday, March 13 at 6:00 p.m.

Development assessments and toys to play with. This is a free service open to all families.

Saturday Morning Movies

Saturdays at 10:30 a.m.

March 9- Hoot

March 16- Wall-E

March 23- Ice Age: The Melt Down

Feel free to bring pillows, blankets, and snacks.

Tweens After School Craft Day

Tuesday, March 5 at 4:00 p.m. Ages 8-12

Use your engineering skills to create a Leprechaun Trap.

Tweens After School Game Day

Tuesday, March 12 at 4:00 p.m. Ages 8-12

Play the "Anything Game" and have fun with friends.

After School Adventures: Time Travel to the 1950s

Tuesday, March 19 at 4:00 p.m. For grades 1-6

It's an afternoon of rock n' roll fun!

Tween D&D Club

Friday, March 22 at 4:30 p.m.

Battle in the D&D world. Sign up on our website.

Great Reads for Kids

Tuesday, March 26 at 6:30 p.m.

A book club for kids ages 8-14. The book this month is Number the Stars by Lois Lowry. Books are at the front desk.

Rhythm and Song

Mondays at 10:00 and 11:00 a.m. Geared for ages 3-6

Preschool Story Time Geared for ages 3-6

Tuesdays and Wednesdays at 10:00 and 11:00 a.m.

Wee Read Geared for ages 18 mon.– 3 yrs.

Thursdays at 10:00 and 11:00 a.m.

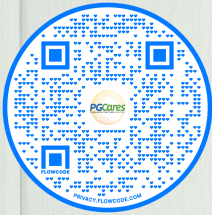
Spanish Story Time

Fridays at 10:30 a.m.

PGcares Table Talks

JOIN US FOR A PRESENTATION AND DISCUSSION OVER LUNCH!

AT PG HIGH SCHOOL MEDIA CENTER



Scan now to reserve your spot!

**March 19th
12:00-1:30**



Saprea's top 5 ways you can reduce the Risk of Sexual Abuse

**April 17th
12:30-2:00**



Everyday Strong

A new framework for Emotional Health for children and teens

PGCaresUtah.org

Fall Safety Card

The Pleasant Grove Fire Department would like you to be safe in your home from falls. Here are some of the steps to safety from the National Fire Protection Agency.

- 1. Exercise regularly** - Exercise will help you build strength and improve your balance and coordination. Ask your doctor about the best physical exercise for you
- 2. Take your time** - Get out of chairs slowly. Sit a moment before you get out of your bed. Stand and get your balance before you walk. Be aware of your surroundings
- 3. Keep stairs, pathways, and walking areas clear** - Remove electrical cords, shoes, clothing, books, magazines, and other items that may be in the way of foot traffic. Have easy-to-grip handrails installed along the full length on both sides of the stairs. Consider subscribing to a medical alert system. If you have an emergency, just push the wearable button that is provided and the service will send emergency responders.
- 4. Improve the lighting in and outside your home** - Use night lights or a flashlight to light the path between your bedroom and the bathroom. Turn on the lights before using the stairs. Have lighting at both the top and bottom of stairways. See an eye doctor once a year
- 5. Use non-slip mats and grab bars** - Non-slip mats increase safety in the bathtub and on shower floors. Use non-slip mats outside the tub and shower. Install grab bars on the wall next to the bathtub, shower, and toilet. Wipe up spilled liquids immediately
- 6. Be aware of uneven surfaces** - Make sure indoor flooring is safe from tripping hazards. Use only throw rugs that have rubber, non-skid backing. Consider non-skid pads under rugs. Always smooth out wrinkles and folds in carpeting. Be aware of uneven sidewalks and pavement outdoors. Ask a family member, a friend, or a neighbor to clear ice and snow from outdoor stairs and walkways. Always use handrails, if available, and step carefully
- 7. Wear sturdy, well-fitting shoes** - Low-heeled shoes with non-slip soles are best, even inside. These are safer than high heels, thick-soled athletic shoes, slippers, or stocking feet
- 8. Have a list of your current medications available** - Keep your list updated and visible—on your refrigerator or in your wallet. Give a copy to a family member or caregiver. Your primary care provider should know all the medications you take to be able to identify if any or a combination of them can make you at higher risk for a fall. Ask your doctor if any of your medications can make you drowsy or affect your balance.

FLOURISHING OR FLOUNDERING?

The Transition into Adulthood

A community education event for parents of young adults and teens 16+

Register Today



Dr. Larry Nelson
Award-winning professor in the School of Family Life at BYU

**March 14, 2024
6:00-7:30 PM**

Pleasant Grove High Media Center

- Dinner will be provided**

PGcares
COMMUNITIES THAT CARE COALITION

Have you heard of Skunking?

A 75-page publication is hot off the press detailing the tale of a locally created and successful arm of the Boy Scout program called Skunking which began in 1937, back in the day when the Old Third Ward comprised a large part of town and which is still designated to this day as Monkey Town. Skunking flourished in full force for over 80 years. It was commemorated with the 50th, 70th and 80th anniversary, many returning to a certain American Fork Canyon cave, where the initiation ceremony was conducted throughout all those years, and which only ended once the Church of Jesus Christ of Latter-day Saints withdrew from the Boy Scout program. Because of its promise in the initiation ceremony, its pledge remained unrevealed to those outside its ranks.

This booklet is for sale at PG Printers at 11 South Main, from 9 a.m. until p.m. Monday-Thursday and 9 a.m. to 5 p.m. Fridays.

All of the memorabilia related with the initiation ceremony has been donated for display at The Jacobs Senior Center, open to the public 8 a.m. to 1 p.m. Monday-Friday, 242 W 200 S, Pleasant Grove.

All proceeds from the sale of the booklet are dedicated to help a family in need. in honor of The Scout Oath... "to help other people at all times."

Kindergarten Registration



Kindergarten registration has begun for Alpine School District. To find your boundary, click on [this link](#).

STRENGTHEN YOUR RELATIONSHIPS!

FREE WORKSHOP for parents of kids aged 9-14

Guiding Good Choices is a national, research-based program for parents of kids in grades 4-8. Over the course of five weeks, you will learn to:

- strengthen family bonds
- improve communication
- handle conflict in a healthy way
- help your kids avoid risky behaviors



GUIDING GOOD CHOICES



FREE WORKSHOP INCLUDES:

- ✓ Dinner for the whole family
- ✓ Childcare for ages 8 and under
- ✓ \$50 gift basket*
- ✓ Activities for ages 9 and up

**Must be able to attend all 5 sessions*



MONDAYS 6PM-8³⁰ at the PG Rec Center

March 18 March 25

April 8 April 15

April 22

SIGN UP NOW



bit.ly/GGCMarc20244

THIS NO-COST WORKSHOP IS SPONSORED BY:



Questions? Contact Nicole: 208-855-0367
nkhountham@pgcity.org
www.PGCaresUtah.org

Pleasant Grove

PG Cares Youth of the Month



Adelaide Stubbs was nominated and chosen as the PG Cares Youth of the Month for February 2024. Adelaide is currently in 9th grade at Pleasant Grove Jr. High.

Here's what Adelaide was nominated for:

Adelaide is amazing! She is funny, smart, and is very involved with school and the community! She loves performing! She sings and plays the guitar, and is the oldest child in her family.

Adelaide is such an incredible example! She is looked up to by many of her peers! She loves helping and serving others! She is so smart, and she is not afraid to share her opinion! She is creative and has a way of making everyone around her smile. She has been through some really hard things, but she still stands tall and helps everyone around her with everything that she can! She is loving and kind and just an incredible person!

Congratulations Adelaide!! We commend you for being an amazing example in our community, and at home. Your influence is seen and noticed by others. Keep up the great work and keep making a difference!!



Open Mic @ Grove Station

MARCH 5, 2024

Join us for Open Mic at Grove Station on March 5th and April 2nd, 6:00pm-8:00pm at Grove Station Event Center (273 S 2000 W). Enjoy local musicians, food trucks, and specialty drinks in a family-friendly atmosphere. Performers can sign up at 5:30pm on the event day. Free admission.



Local Artist Spotlight

MARCH, 2024

Explore local fine artist Lynde Mott's creative journey, transforming her home into a unique masterpiece. Discover her passion for children's book illustration and how that led to new opportunities in this month's artist spotlight at plgrove.org/arts



PG Players

MARCH, 2024

Have you purchased your PG Players season tickets yet?

Visit www.pgplayers.com and click "Buy Tickets" to purchase your season pass today.



Utah Childrens Choir

MARCH 4, 2024

Join us for a magical Family Concert on March 4th, 7:00 P.M., at doTerra Auditorium, Building E. Delight in music for young ones, perfect for families. No age limits, all are welcome! Save the date for the Utah Children's Choir Spring Concert on May 11th, 7:00 P.M., at Provo United Church on Christ.



Lions Club

Hello to our Pleasant Grove City family! Pleasant Grove Lions Club is continuing our student academic/service scholarship campaign. We encourage students and parents of students that go to Pleasant Grove high school to apply. Our hope is to have multiple scholarships so we have continued our scholarship fundraising campaign.

For those of you that can donate \$1, \$5, \$10 or more, we would be most grateful. Submit contributions to Pleasant Grove Lions Club using Venmo @pglions or mailing a check to Pleasant Grove Lions Club, PCC Milt Taylor, Treasurer, 654 W. 1820 N., Orem, Utah, 84057-2081.

Let us know if you have any questions. Please reach out to us by text and we will respond. (801) 913-2533.

April 15 is the deadline for all scholarship submissions. We would like to invite anyone who would be willing to help us evaluate scholarship applications to email us at pglionsclub@gmail.com. Please provide your name and phone number so we can contact you.

Thank you Pleasant Grove City and residents for being a great city to live in. Thanks again for all you do to make a difference.

Pleasant Grove Lions Club

